

Coaching Workshop for Teens and Young Adults



Developing Skills for Life and the Working World

Keeping Your Word;
Reputation and Attitude Mean
Everything; Self-Confidence;
Public Speaking; Anxiety and
Social Media; Workplace
Ethics; Essentials for Success,
and more....

Before the workshop, I had many questions on how to be an ideal employee. Now I know. Ms. Donna has given me knowledge and the basic tools to prosper in any job. I've learned that collecting a salary is not be the only reason why I go to work. Enjoying work and appreciating my employers is important.

Coaching was so much more than I expected it to be and Ms. Donna connected with us on a personal level. Jonique

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Donna Mitchell

Success Coach,
Certified Canfield
Trainer, Lifestyle
Consultant,
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Writer, Certified
Yoga and
Mindfulness
Instructor

Private and
Group Coaching

Inspired
LIFESTYLES
WITH DONNA