



Making the Grade

Develop the positive study skills you and your parents want to see.

Feeling overwhelmed with studies?
Finding it difficult to prioritize?
Experiencing anxiety before, during and after exams?

This fun workshop is for you!

By using the Success Principles from the Canfield Methodology;

1. Understand the Character of Fear - Real or Imagined
2. Slay the Fear Giant
3. Learn Techniques to Become Organized and Prioritize
4. Reduce Study Restlessness and Distractions
5. Learn the #1 Success Principle: The Rule of R

For students 12 and over, including those in college.

Plan a "Making the Grade" workshop at a strategic time in your school year for optimum benefit to students.

www.inspiredwithdonna.com
info@inspiredwithdonna.com
(345)-929-7512



Donna Mitchell

Success Coach,
Certified Canfield
Trainer, Lifestyle
Consultant,
Keynote Speaker,
Writer, Certified
Yoga and
Mindfulness
Instructor

Inspired
LIFESTYLES
WITH DONNA